



SOUTHERN CORTES COMMUNITY ASSOCIATION

Summer Youth Programs



2017



Registration at Manson's Hall Office on
Wednesday June 14 from 1 – 4 pm

You can also register online at
mansonshall.org

Please register early, as some classes
will fill up quickly.

There will be a wait list for popular classes.

Bring snacks and water to all classes.



Box 222 Manson's Landing, BC, V0P1K0 Ph 250•935•0015 Fax 250•935•0026

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WORKSHOPS & CAMPS

Swimming Lessons *with* Isabella McKnight

& Ella Hanneson-Schwenger

Isabella grew up swimming in all Cortes waters, and since moving to Victoria has become a qualified and professional lifeguard and swimming instructor. Ella has been swimming her whole life and has also been a qualified swim teacher for over two years.

They will be teaching Red Cross preschool and swim kids levels, which include a variety of swimming and water safety skills. These lessons offer an equal balance of fun in the water and learning important skills. As time is limited, please arrive 5 – 10 minutes early and be ready to swim!

Please check this link to see what level your child should be registered in!!
<http://www.redcross.ca/training-and-certification/course-descriptions/swimming-and-water-safety-courses/swimming-lessons/red-cross-swim-guides.aspx>

Type: 5-Day Workshop

Locations: Gorge Pool & Hague Lake

Dates: Mon to Fri – Jul 3 to 7

Cost: \$50 for 5 sessions



Jul 3 to 7 – Gorge Pool

Starfish / Duck / Sea Turtle

**** With parent & life jacket (PFD)***

In this combination class, children and caregivers will work on getting wet and building up their confidence in the water.

We will be working on buoyancy and movement as well as water positioning and entries into the water.

Time: 8:30 – 8:55 am

Age: 4 – 36 months

Location: Gorge Pool

Sea Otter / Salamander / SunFish

** With life jacket (PFD)*

In these levels we work on getting comfortable putting our faces in the water and practising movement around the pool without parents' help.

Time: 8:55 – 9:20 am

Age: 3 – 5 years

Location: Gorge Pool

Crocodile & Whale

In these levels we begin to swim greater distances and work on the technique of our individual strokes. Learning the beginning of our front and back crawl as well as an introduction to rhythmic breathing.

Time: 9:20 – 9:45 am

Age: 5 – 7 years (depending on level of comfort in the water)

Location: Gorge Pool

Jul 3 to 7 – Hague Lake, Sandy Beach

Levels 1 – 5

In these levels children are taught how to swim smart and be safe in the water. We continue to work on our technique and introduce skills such as whip kick and treading water.

Time: 3 – 3:30 pm

Age: 6 – 8 years

Location: Hague Lake, Sandy Beach

Levels 6 – 10

These swimmers will be taught and critiqued on their strokes such as front crawl, back crawl, breaststroke, and elementary backstroke.

Time: 3:30 – 4:15 pm

Age: 6 – 10 years

Location: Hague Lake, Sandy Beach

Introduction to Robotics using Lego Mindstorms NXT and EV3 with Nick Telles

This course is 100% hands-on and challenged-based so participants will be able to design, build, and test their ideas in a supportive setting. We will explore the fundamentals of robot design & engineering, computer programming, and real-world applications (in the form of mini-challenges).

No previous experience is required. Come and explore the world of robotics!

Nick Telles has been in the education field for 11 years. He specializes in integrating technology (including robotics, computer programming, and website design) into the classroom. He also participates in the First Lego League, which is an international robotics competition as a coach, mentor, and judge. He is passionate about sharing his knowledge in a fun and challenging environment.



Date: Mon to Thu — Jul 3 to 6

Ages: 9+

Time: 12:30 – 2:30 pm

Type: 4-Day Workshop

Location: Manson's Hall

Cost: \$40



Volleyball Camp with Jodi Peters

Four days of OUTDOOR VOLLEYBALL FUN! This camp will have lots of game play, along with fun activities aimed at improving your volleyball skills. We will be playing on grass at the Cortes Island School. Please bring your own water bottle, a snack, and wear outdoor running shoes, t-shirt and shorts. Remember sunscreen on sunny days!

Dates: Mon to Thu — Jul 10 to 13

Time: 10 am – 12 pm

Min/Max: 7 – 18

Type: 4-Day Workshop

Ages: 9 – 14

Location: Cortes School Field

Cost: \$40



Acting to Make a Difference Theater Workshop

with **Connie Brill**

'Acting to Make a Difference' is a summer theatre workshop that takes participants from the brainstorming of an idea through to the staging of a performance. With a sense of exploration and a willingness to dive in, the participants will create a script, make staging decisions and mount a show. This year's focus will be on character development.

Connie has been engaging people of all ages in the art of theatre since 1984 when she first met her husband, Colin, and they started with the Happy Trails Theatre Collective in Vancouver. A move to Banff in 1988 brought about the creation of Precipice Theatre and the creation and performance of over 20 original works.

Dates: Mon to Thu — Jul 17 to 20

Time: 1 – 3 pm

Type: 4-Day Workshop

Ages: 8 – 18

Min/Max: 5 – 13

Location: Manson's Hall

Cost: \$40



Soccer Camp with **Jonah Weyler**

Come out this summer and work on your soccer skills and fitness! We'll focus on ball skills, passing, shooting, first touch, positions and game theory, and of course, playing some games. Please come prepared with soccer cleats, a bottle of water, and shorts.

Dates: Mon to Thu — Jul 17 to 20

Time: 10 am – 12 pm

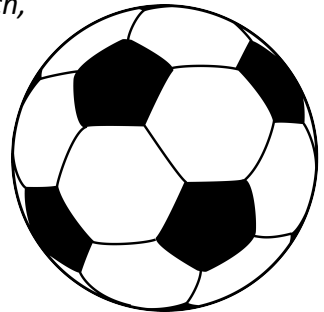
Type: 4-Day Workshop

Ages: 9 – 14

Min/Max: 10 – 16

Location: Cortes School Field

Cost: \$40



Action Games Camp *with Tosh Harvey*

Join Tosh, Ryan, and Claudia for four fun-filled mornings to play many of your favourite action games like Capture the Flag, Kick the Can, Stingers, Turtle Tag, and more. Bring water, snacks, and a hat or sunscreen.

Dates: Mon to Thu — Jul 31 to Aug 3

Time: 10 am – 12 pm

Type: 4-Day Workshop

Location: Cortes School Field

Ages: 6+

Min/Max: 6 – 14

Cost: \$40

7 Story Circus Camp *with Kaya Kehl*

Join 7 Story Circus for an exploration into the magical world of Circus Arts!

Juggle scarves, balls, rings and clubs. Spin staff, poi, diablo, flower-sticks, and plates. Become a master of balance with stilts, rola-bola, handstands and partner balance. Have fun with improvisation and performance games. And most importantly, be inspired and amazed by your circus super powers!



**Bring a healthy snack, water, and clothes you can turn upside-down in.*

Participants will be divided into two groups. One group will go in the morning time slot and the other in the afternoon.

Dates: Mon to Thu — Jul 24 to 27

Time – Morning Class: 10:00 am – 12:30 pm (younger kids)

– Afternoon Class: 1:00 – 3:30 pm (older kids)

On Thursday there will be a show for each class in the last half hour of class.

Morning Class show @ 12 pm

Afternoon Class Show @ 3 pm

Type: 4-Day Workshop

Location: Manson's Hall

Ages: 6 – 17

Max: 10 – 12

Cost: \$90 for the workshop



Basket Weaving *with Amy Robertson*

Come learn how to weave your own small basket made from natural materials gathered on Cortes! All tools and materials are provided.

Dates: Mon to Thu — Jul 31 to Aug 3

Time: 1 – 3 pm

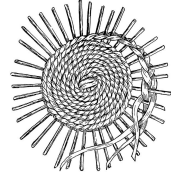
Max: 8

Type: 4-Day Workshop

Ages: 10+

Location: Manson's Hall

Cost: \$ 40



Sea Creature Puppets *with Meinsje Vlaming*

Last year we made bees... In this year's workshop we will magically transform ourselves into sea creatures — maybe an octopus, a big jellyfish, or a salmon?

Just in time for the Cortes day parade, we are going to create an under-the-sea world with head masks and costumes. We will work with paper mache, paint, and recycling, so do not wear your finest clothing.

Dates: Mon to Thu — Jul 10 to 13

Time: 1 – 3:30 pm

Type: 4-Day Workshop

Min/Max: 6 – 10

Ages: 9+ (or who can work independently)

Cost: \$50

Location: Manson's Hall

Creativity Camp: Art, Dance, Food, Mexican Culture, Spanish, and Fun! *with Angelica de la Fuente*

Angelica has been teaching creativity and multiple arts integrated with Mexican Indigenous culture for 13 years in schools and independently in Mexico. She creates a positive, safe, and empowering environment for children to explore their authentic creative and joyful expression in a wide variety of art forms.

Dates: Mon to Thu — Aug 7 to 10

Time: 10 am – 2 pm

Type: 4-Day Workshop

Min/Max: 5 – 12

Ages: 4 – 12

Cost: \$ 60

Location: Manson's Hall

Happy Hip-Hop *with Loni Taylor*

Build confidence on the dance floor and the stage. Loni Taylor is a newly local, Hip-Hop enthusiast. With over 20 years of experience in various dance genres, Loni is excited to support the dance revolution on Cortes Island. She will teach a strong foundation in stretching, a warm-up and cool-down routine, as well as some fun beginner hip-hop choreography.

Dates: Mon to Thu — Aug 14 to 17

Type: 4-Day Workshop

Min/Max: 5 – 12

Ages: 8 – 18

Location: Manson's Hall

Time: 1 – 3 pm

Cost: \$40



Ultimate Frisbee Camp *with Aedrin Bower*

Come out and learn to play Ultimate Frisbee. We will work on basic skills like throwing and catching, offensive and defensive strategies and spirit of the game. There will be plenty of game time.

Aedrin has been an avid and gifted player for 7 years and has played in several tournaments.

Bring water, a snack, cleats or running shoes, and a sunhat or sunscreen if needed.

Date: Mon to Thu – Aug 14 to 17

Time: 10 am – 12 pm

Type: 4-Day Workshop

Ages: 6 – 18

Min/Max: 5 – 15

Location: Cortes School Field

Cost: \$40



ONE-DAY WORKSHOPS

Kayaking Introduction *with Misty Isles*

For younger or inexperienced kayakers, this is a nice introduction to kayaking in the protected waters of the lagoon. Bring clothing appropriate for the weather, shoes that can get wet (No Bare Feet!), sunscreen, hat, sunglasses, and a PFD (life jacket) if you have one.

Date: Mon Jul 31

Time: 9 am – 12 pm

Type: 1-Day Workshop

Min/Max: 6 – 10

Ages: 10 – 17

Location: Manson's Landing Lagoon

Cost: \$35



Sailing *with Misty Isles*

Hoist sail aboard the Misty Isles! Working together as a team, we'll set the sails to catch the summer breeze. Captain Mike will show his crew how to work the rig, steer the ship and some basic sailor knots. We'll keep our eyes open for wildlife sightings too!

Bring clothing appropriate for the weather, shoes that can get wet (No Bare Feet!), sunscreen, hat, sunglasses, and a PFD (life jacket) if you have one.

Dates: Wed Aug 9

Time: 9 am – 12 pm

Type: 1-Day Workshop

Min/Max: 6 – 12

Ages: 10 – 17

Location: Meet at Cortes Bay Government Dock

Cost: \$35



Kayaking Advanced Skills *with Misty Isles*

This paddle is geared to young kayakers who want to advance their skills. We will look at paddling strokes, wet exits, and basic rescues – a great time to play and learn in the water! Bring clothing appropriate for the weather, shoes that can get wet (No Bare Feet!), sunscreen, hat, sunglasses, and a PFD (life jacket) if you have one.

Date: Tue Aug 15

Time: 9 am – 12 pm

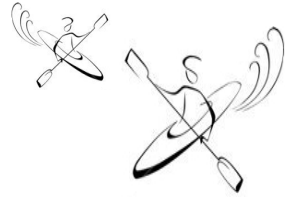
Type: 1-Day Workshop

Min/Max: 6 – 10

Ages: 10 – 17

Cost: \$35

Location: Manson's Landing Lagoon



POLICIES & PROCEDURES

Cancellations

All classes must meet minimum registration numbers in order to run. We will provide one-day cancellation notice if a class is cancelled. You must provide a minimum of 3 days cancellation notice for consideration of refund. Refunds are not guaranteed. If you provide less than 3 days notice registration fees will not be refunded. Call Manson's Community Hall at 250-935-0015 and leave a message if your child is unable to participate. This is very important to help the programs run smoothly and to ensure that any children on the wait-lists have an opportunity to participate.

Pick-Up & Drop-Off Procedures

*Please advise the Coordinator when you are dropping off your child if someone other than yourself will be picking up your child. We are responsible for your child until you arrive, so please be sure to have arrangements in place to ensure that your child is picked up promptly following their program. In the event of a late pick up there will be a charge of \$5 for each 10-minute increment. If an emergency arises and you will be late, you can call the Coordinator. That number will be available at the office during registration and is **for emergency use only.***

Child Care

If your child needs childcare between classes over the lunch break, you can arrange that for a small fee with Claudia (H: 250-935-0343, W: 250-935-0015, claudia@sacredgardening.com).

Bursaries

We aim to provide affordable programs that enable all youth opportunities to try new things! For info about financial assistance for your child to participate in a program contact Mary Lavelle at Manson's Community Hall office 250-935-0015. We rely on donations for the bursaries, so they are not guaranteed.

Every Child Fund

Would your child benefit from extra support to show up at their best? The Every Child Fund can provide a confidential, respectful extra facilitator to support children who have challenges integrating into extra-curricular programs and help to create an inclusive environment. The application process is simple. Please contact Cortes Family Support Coordinator at cortesfsc@gmail.com or call 250-935-8558 for more info.

JumpStart

Jumpstart is a community-based charitable program that provides financial help with registration fees, equipment, and/or transportation for Kids aged 4 to 18 who want to get active or learn a new sport or activity and need some financial assistance.

You can apply online at (<http://jumpstart.canadiantire.ca/en/what-we-do/want-to-apply>) or submit a Jumpstart application to the Campbell River Community Centre.

Donations

It is our hope to create affordable programs that are accessible to all youth. If you are able, donations would be greatly appreciated. To make a donation, please contact the Manson's Community Hall during office hours at 250-935-0015, or send an email to mansonshall@gmail.com.

Sponsors

We acknowledge the financial assistance of the Province of BC through the Community Gaming Grant. We would also like to thank all of our anonymous donors.